



ORIENTAL
SPA



SPA PHILOSOPHY

In an atmosphere of luxury and comfort, at Oriental Spa we seek to harmonize mind and body with the rhythm of your energy. We combine Eastern philosophy with Western technology in order to immerse you in an oasis of tranquility where you'll find the peace you've so desired. We've designed therapies that help you find your wellness again.

*A true pleasure
for the senses*





Every Oriental Spa experience begins when the therapist guides you on an exploration of your maximum degree of relaxation. Let your intuition act as you choose from a selection of quartz crystals. Each one works to harmonize your vital centers. Quartz is used in different ways during your experience, in order to produce a sensation of balance and well-being.

For added benefit, take a Swedana steam bath.

Swedana helps to detoxify the respiratory system. The steam softens and loosens impurities in the pores to eliminate toxins and promote better circulation. One of our therapists shows you how to use a towel to rub your body, then you'll sit in the steam for 15 minutes. You'll be given a fresh cloth with essences when you come out. Round out your relaxation experience with an herbal infusion.

“SWEDANA IS CALMING FOR THE SOUL”



harmony
therapy
aromas
vitality
relaxation



MASSAGES

Energy and wellness

ORIENTAL SPA EXPERIENCE

The massage consists of a combination of two basic Asian and Western techniques. Manipulations and movements are aimed at relaxation and achieving balance of energy flows.

It starts by getting you to breathe slowly and smoothly, helping you to concentrate and be with yourself. A variety of manipulations are used that help to regulate the circulatory system, as well as stretches and pressure that help to achieve energy balance. This is all combined with aromatherapy to make for an unforgettable massage experience.

ORIENTAL FOOT MASSAGE

A Chinese technique that holds that every part of the body corresponds to a region of the foot. Used to treat ailments using maneuvers at different reflex points on the sole of the foot, bringing relief to the affected area. This technique helps with stress, fatigue, migraines, digestive problems, and more.

A photograph of a woman lying on her side, receiving a foot massage. The image is softly blurred, focusing on the hands of the masseuse working on the woman's foot. The background is a bright, out-of-focus indoor setting.

Relief

ABHYANGA MASSAGE

Traditional ancient Indian Ayurveda massage: hot herbal oils are poured on and massaged into the body. One of the most careful massages you'll ever receive. It purifies, eliminates tension, and rejuvenates.

HOT STONE MASSAGE

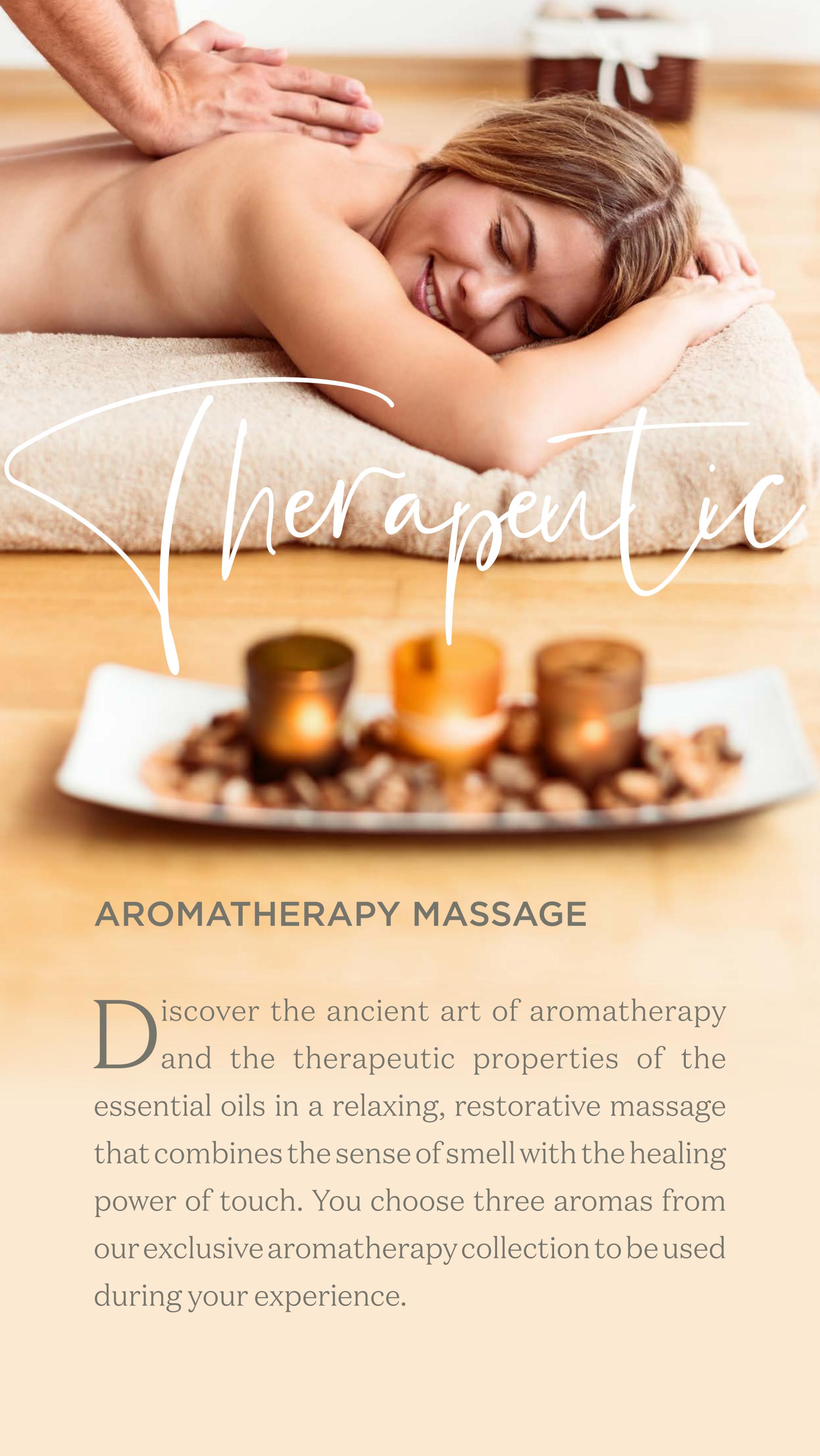
Provides great benefits as it deeply relaxes the muscles, the nervous system, and the mind. It lets you be in touch with your interior and balance the yin and yang—the natural polarity of every being. After the hot stones are applied, a brief Swedish massage sequence is performed to optimize the benefits of the heat therapy.





SPORTS MASSAGE

To help you achieve top performance in your activities, this vigorous, rejuvenating massage reduces muscular tension resulting from the practice of intense exercises. This massage technique contributes to reducing the stress of daily life and improving blood flow. It's very useful for injuries such as dislocations, sprains, and spinal problems.



Therapeutic

AROMATHERAPY MASSAGE

Discover the ancient art of aromatherapy and the therapeutic properties of the essential oils in a relaxing, restorative massage that combines the sense of smell with the healing power of touch. You choose three aromas from our exclusive aromatherapy collection to be used during your experience.

ANTI-STRESS NECK AND BACK MASSAGE

Ideal for executives. Almost all tension accumulates in the back and shoulders. You'll feel great relief.

Relax
and breathe





**FACIALS
AND BODY
TREATMENTS**

*Balance and
relaxation*

A BEAUTIFUL FACE IS THE REFLECTION
OF A HEALTHY BODY.

Oriental Spa has selected D'Lucanni's "Elements" line for facial care. Elements was created in Europe. It's based on the latest scientific research and has proven effectiveness. Elements is a revolutionary, personalized, global anti-aging method. It's an innovative concept in the world of minerals, with active gem therapy ingredients that bring semiprecious stones to the aid of cosmetics. It works with oligotherapy and lithotherapy.





ORIENTAL SPA FACIAL EXPERIENCE

Recover your skin's balance and wellness. Start this exclusive treatment with a foot bath ritual using herbal aromas, drinking a cup of Oriental tea, the house special, which will help you to start relaxing. This treatment uses antioxidant products, proteins, vitamins, and minerals that give your skin a healthy appearance. It ends with a hydrating hand and foot treatment and scalp and shoulder massage that will have you sighing.

GOLDEN FACIAL

A treatment for every occasion that provides glow and hydrates the skin.

YOUTH FACIAL

This cleaning facial was created to treat skin problems in teens. This corrective process is scientifically designed to help clear up existing breakouts and keep future problems under control.



EUROPEAN FACIAL

A personalized facial treatment that includes a complete skin analysis and deep pore cleaning to gently eliminate skin impurities. A serum is applied according to your particular needs that hydrates, tightens, and tones your skin.

ANTI-STRESS FACIAL FOR MEN

European facial adapted to the needs of men's skin. Serums are used to hydrate, tightens, and tones the skin along with a face and scalp massage. It's a good idea to shave two hours prior to the treatment.



LUXURY FACIAL

Anti-age rejuvenating, anti-oxidant, nourishing, and repairing facial applied with a lifting massage to attenuate expression lines.



DEEP BACK CLEANING TREATMENT

All the benefits of a deep cleaning facial performed on the area of the back. Includes cleaning, massage, and skin exfoliation.

CELUCTOR SPA

Anti-cellulite massage and treatment that acts selectively over fat reserves to help eliminate water retained in the skin and toxic residue accumulated in the skin tissue.

REAFIRMINNE SPA

For sagging breasts, abdomen, buttocks, inner thigh and arms. It also helps prevent stretch marks.





*Searching for
Serenity*

RITUALS

The products used in the variety of rituals we offer were developed especially for Oriental Spa and contain natural extracts to bring you the healing and wellness-inducing energy of nature.

MOON BATH RITUAL

Raises energy and freshens the skin. Starts with exfoliation and a neck and back massage.

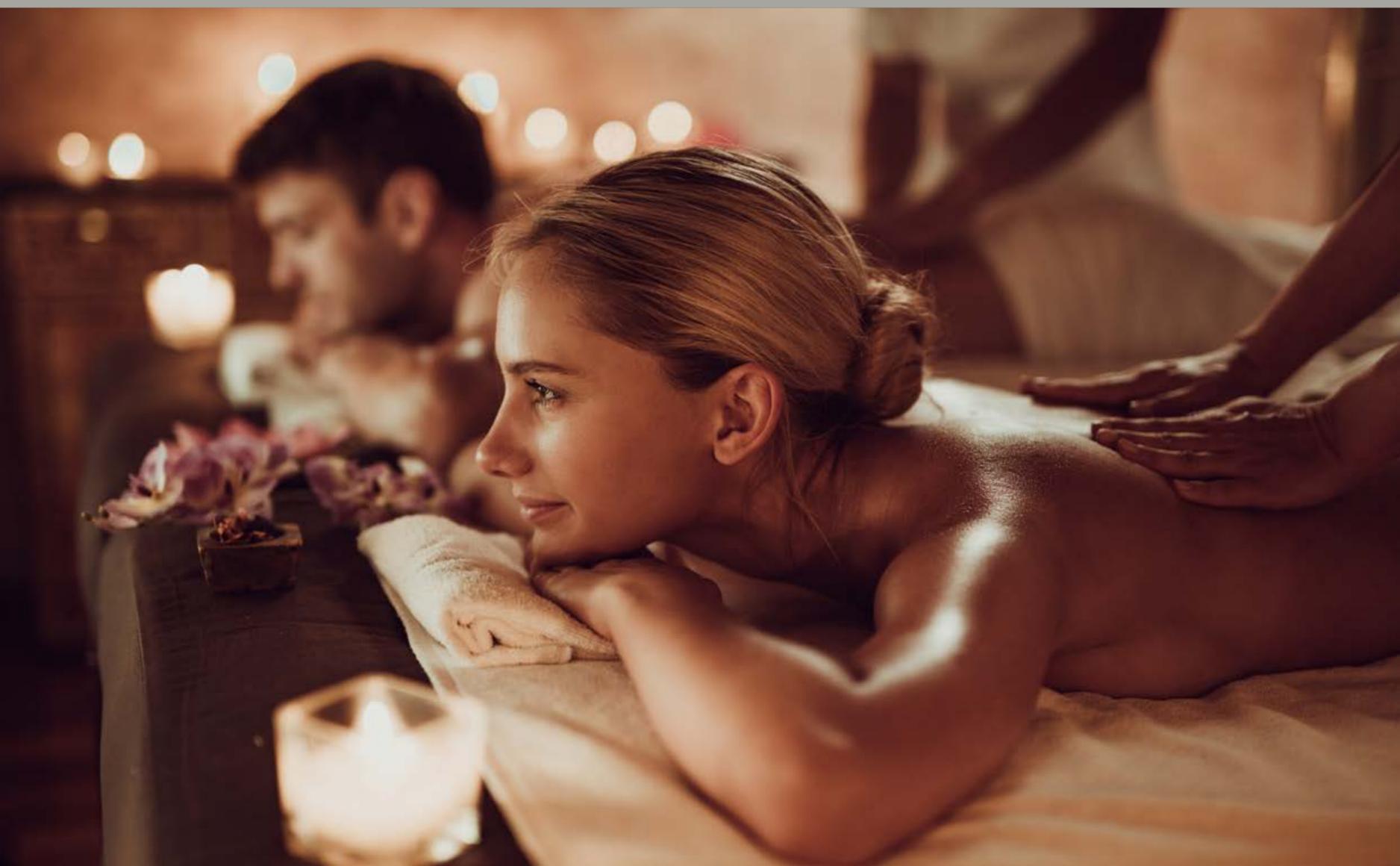
ZEN RITUAL

Comprehensive wellness for mind and body. Starts with a thermal mud body wrap and scalp massage. Ends with an invigorating shower.

ANANDA RITUAL

EXFOLIATION, WRAP, AND MASSAGE

A true pleasure for the senses. You'll be able to choose between a variety of 6 flavors (chocolate, coffee, green tea, strawberry, passion fruit, and ginger) as you experience deep relaxation, balance, and harmony.



SURJA RITUAL

For those who love the sun. It starts with an aloe vera wrap to refresh the skin and balance energy before a body moisturizer is applied. Recommended before or after sunbathing.

THAI-HERBAL RITUAL

Purifies and harmonizes your senses. Relaxing face and body massage with herbal pinda made in Thailand.

MAGIC LOTUS RITUAL

Enjoy a massage with relaxing ayurvedic essences together with your partner.



PACKAGES

Roses & Orange Blossom

ROSES (NOVIA)

Exquisite. Exfoliation, wrap, and massage with rose essences.

ORANGE BLOSSOM (GROOM)

Fortifying. Men's facial, body exfoliation, and sports massage.



OUR PRODUCTS

In order to bring the experience home, our therapists will use their expertise in face and body care to advise you on skin care, making sure you have what you most need in every moment.

RECOMMENDATIONS

- › Arrive 45 minutes prior to your appointment
- › Bring a bathing suit for use in the jacuzzis
- › Adults welcome
- › Maintain respectful behavior
- › Refrain from drinking alcohol 3 hours prior to your service
- › Food or drink not allowed
- › If you have any special requirements, please let us know when making your appointment.



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